

CLASS SCHEDULE

NEW WESTMINSTER



Summer Session 1, July 3rd – July 31st 2017

PRESCHOOL CLASSES

CIRCUS WORKS **90MIN**
Saturday 10:00 / 11:30am 4-6yrs

SCHOOL AGE CLASSES

AERIAL HOOP & STATIC TRAPEZE **60MIN**
Monday 5:00pm 8-14yrs

AERIAL SILKS **60MIN**
Monday 5:00pm 8-14yrs
Wednesday 6:00pm 8-14yrs
Thursday 6:00pm 8-14yrs
Friday 5:00pm 8-14yrs
Saturday 9:00am / 12:00 / 1:30pm 8-14yrs

CIRCUS WORKS **90MIN**
Saturday 10:00 / 11:30am 6-8yrs
Saturday 10:00 / 11:30am 8-14yrs

TRAMPOLINE **60MIN**
Saturday 1:00pm 8-14yrs

TRAMPOLINE & TUMBLING **60MIN**
Saturday 2:00pm 8-14yrs

TUMBLING **60MIN**
Friday 5:00pm 8-14yrs

SCHOOL AGE WORKSHOPS

CONTORTION **90MIN**
Wednesday 5:00pm 8-14yrs

60MIN CLASS COST (TAXES ADDITIONAL)

1-6yrs	\$12.50 per class	8-14yrs	\$16.50 per class
6-8yrs	\$15.00 per class	8-14yrs	\$22.50 per workshop

90MIN CLASS COST (TAXES ADDITIONAL)

3-6yrs	\$16.00 per class	8-14yrs	\$21.00 per class
6-8yrs	\$19.50 per class		

90MIN WORKSHOP COST (TAXES ADDITIONAL)

8-14yrs	\$22.50 per class
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Classes may be cancelled or combined due to low registration

School Closed: Saturday July 1st 2017 (Canada Day!)



CLASS SCHEDULE

NEW WESTMINSTER



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TEEN & ADULT CLASSES

AERIAL HOOP & STATIC TRAPEZE **60MIN**

Monday 6:00pm 15yrs+

Thursday 7:00pm 15yrs+

Advanced:

Monday 7:00pm 15yrs+

AERIAL SILK **60MIN**

Monday 6:00 / 7:00pm 15yrs+

Tuesday 5:00 / 6:00 / 7:00pm 15yrs+

Wednesday 5:00 / 7:00pm 15yrs+

Thursday 5:00pm 15yrs+

Friday 5:30pm 15yrs+

Saturday 10:00 / 11:00am 15yrs+

AERIAL SILK & CONDITIONING **90MIN**

Friday 7:00pm 15yrs+

STRENGTH & CONDITIONING with Jonathan **60MIN**

Full Body Conditioning:

Tuesday 7:00pm 15yrs+

Thursday 7:00pm 15yrs+

Handbalancing:

Tuesday 6:00pm 15yrs+

Thursday 6:00pm 15yrs+

TRAMPOLINE **60MIN**

Monday 5:00 / 6:00 / 7:00pm 15yrs+

BEGINNER TUMBLING **60MIN**

Friday 6:00pm 15yrs+

INTERMEDIATE TUMBLING **60MIN**

Tuesday 5:00pm 15yrs+

Thursday 5:00pm 15yrs+

TEEN & ADULT WORKSHOPS

CONTORTION **90MIN**

Wednesday 6:30pm 15yrs+

60MIN CLASS COST (TAXES ADDITIONAL)

15yrs+ \$22.50 per class

90MIN CLASS COST (TAXES ADDITIONAL)

15yrs+ \$30.00 per class

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CLASS SCHEDULE

NEW WESTMINSTER



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DROP IN CLASSES

FAMILY INTRO TO CIRCUS 60MIN

This is the place time where you can sample the various apparatus and elements of the circus. We offer an introduction to Trampoline, Juggling and Aerial Silk in this class for beginners. A great new experience for all ages!

Saturdays	1:00pm	4yrs+
Cost	\$50.00	(2 adults, 2 children)
	\$35.00	(1 adult, 2 children)
	\$25.00	(1 adult, 1 child)

INTRO TO AERIAL HOOP & STATIC TRAPEZE 60MIN

While a staple apparatus of the circus, in its own right, the Static Trapeze also instills in students a skill set that is integral to Dance and Swinging Trapeze. Once students become adept at using the Static Trapeze, they will progress to using the Aerial Hoop. The Aerial Hoop, also sometimes referred to as lyra or cerceaux, is a dynamic aerial apparatus that makes use of combined strength, flexibility, and creative movement, while static or spinning.

Friday	7:00pm	15yrs+
Cost	\$25.00	15yrs+

UNICYCLE AND JUGGLING 60MIN

Juggling not only improves your hand-eye coordination but also memory, spatial awareness and the ability to find large expanses of time in small spaces. Classes are open to people of all ages and abilities. Exercise your most important muscle... your brain! Also in this class learn the art of unicycle. Whether you're brand new, still have a training wheel (a.k.a. a bike), or are already a one wheeled wonder, this is the class for you.

Wednesday	5:00pm	10yrs+
Cost	\$10.00	10yrs+

Drop In spaces are limited.
Advanced registration is highly recommended!

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CLASS SCHEDULE

NORTH VANCOUVER



Summer Session 1, July 3rd – July 31st 2017

DROP IN CLASSES

INFORMAL TRAINING **180MIN**

Vancouver Circus School; North Vancouver will be offering VCS students the below selected weekdays an open gym drop in program for ages 10 years+!

We invite VCS students to play games, train informally, build routines, you name it! Students are welcome to stay for up to three hours!

Students must be currently enrolled in classes at the Vancouver Circus School and must have their instructors permission to attend.

Monday	5:00pm – 8:00pm	10yrs+
Wednesday	5:00pm – 8:00pm	10yrs+
Friday	5:00pm – 8:00pm	10yrs+

Cost: *\$10.00 per student*

Drop In spaces are limited; first come, first served!

School Closed: Saturday July 1st 2017 (Canada Day!)

