

# CLASS SCHEDULE

## NEW WESTMINSTER



### Fall Session 1, Sept 5 – Oct 31 2017

#### PRESCHOOL CLASSES

##### CIRCUS WITH VCS **60MIN**

Tuesday	3:30pm	4-6yrs
Wednesday	3:30pm	4-6yrs
Friday	3:30pm	4-6yrs

##### CIRCUS WORKS **90MIN**

Saturday	10:00 / 11:30am	4-6yrs
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#### SCHOOL AGE CLASSES

##### AERIAL HOOP & STATIC TRAPEZE **60MIN**

Monday	5:30pm	8-14yrs
Wednesday	4:30pm	8-14yrs

##### AERIAL SILKS **60MIN**

Monday	4:30 / 5:30pm	8-14yrs
Tuesday	4:30pm	8-14yrs
Thursday	3:30 / 4:30pm	8-14yrs
Friday	4:30pm	8-14yrs
Saturday	9:00am / 11:00am / 1:30pm	8-14yrs

##### CIRCUS WITH VCS **60MIN**

Monday	3:30pm	6-8yrs
Monday	4:30pm	8-14yrs
Friday	4:30pm	6-8yrs

##### CIRCUS WORKS **90MIN**

Saturday	10:00 / 11:30am	6-8yrs
Saturday	10:00 / 11:30am	8-14yrs

##### HOMESCHOOL TRAMPOLINE **60MIN**

Tuesday	2:00pm	6-16yrs
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##### TRAMPOLINE & TUMBLING **60MIN**

Monday	4:30pm	8-14yrs
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##### TRAMPOLINE **60MIN**

Saturday	1:00 / 2:00pm	8-14yrs
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##### TUMBLING **60MIN**

Tuesday	4:30pm	8-14yrs
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#### SCHOOL AGE WORKSHOPS

##### CONTORTION **90MIN**

Saturday	2:00pm	8-14yrs
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#### THE ACADEMY

##### AERIAL ACADEMY **90MIN**

Mon & Wed	5:30pm	8-14yrs
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##### CONTORTION ACADEMY **90MIN**

Tuesday	4:00pm	8-14yrs
& Saturday	9:30am	8-14yrs

##### 60MIN CLASS COST (TAXES ADDITIONAL)

3-6yrs	\$12.50 per class	8-14yrs	\$16.50 per class
6-8yrs	\$15.00 per class		

##### 90MIN CLASS COST (TAXES ADDITIONAL)

4-6yrs	\$16.00 per class	8-14yrs	\$21.00 per class
6-8yrs	\$19.50 per class		

##### 90MIN WORKSHOP COST (TAXES ADDITIONAL)

8-14yrs	\$22.50 per class
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##### THE ACADEMY COST (TAXES ADDITIONAL)

8-14yrs	\$200.00 per month
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Classes may be cancelled or combined due to low registration  
 School Closed: Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)



# CLASS SCHEDULE

## NEW WESTMINSTER



### Fall Session 1, Sept 5 – Oct 31 201

#### TEEN & ADULT CLASSES

##### **AERIAL HOOP & STATIC TRAPEZE** **60MIN**

Monday	7:00 / 8:00pm	15yrs+
Tuesday	7:00pm	15yrs+
Wednesday	3:30 / 5:30 / 7:00pm	15yrs+

##### **ADV. AERIAL HOOP & STATIC TRAPEZE** **90MIN**

Tuesday	8:00pm	15yrs+
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##### **AERIAL SILK** **60MIN**

Monday	7:00 / 8:00pm	15yrs+
Tuesday	5:30pm	15yrs+
Wednesday	2:00 / 4:30 / 5:30 / 7:00pm	15yrs+
	8:00pm	15yrs+
Thursday	5:30 / 7:00 / 8:00pm	15yrs+
Friday	5:30pm	15yrs+
Saturday	10:00am / 12:00pm	15yrs+

##### **AERIAL SILK & CONDITIONING** **90MIN**

Friday	7:00pm	15yrs+
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##### **BEGINNER TUMBLING** **60MIN**

Monday	5:30pm	15yrs+
Wednesday	8:00pm	15yrs+
Thursday	3:30pm	15yrs+
Friday	7:00pm	15yrs+

##### **TRAMPOLINE** **60MIN**

Monday	7:00 / 8:00pm	15yrs+
Tuesday	8:00pm	15yrs+
Thursday	7:00 / 8:00pm	15yrs+

#### TEEN & ADULT WORKSHOPS

##### **CONTORTION** **90MIN**

Tuesday	8:00pm	15yrs+
Saturday	12:30pm	15yrs+

##### **HAND BALANCING & CANES** **90MIN**

Saturday	11:00am	15yrs+
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#### THE ACADEMY

##### **AERIAL ACADEMY**

Mon & Wed	4:00pm
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##### **90MIN**

15yrs+

##### **60MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$22.50 per class

##### **90MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$30.00 per class

##### **THE ACADEMY COST (TAXES ADDITIONAL)**

15yrs+ \$270.00 per month

Classes may be cancelled or combined due to low registration  
School Closed: Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)



# CLASS SCHEDULE

## NEW WESTMINSTER



### Fall Session 1, Sept 5 – Oct 31 2017

## DROP IN CLASSES

**BIG TOP TODDLERS** **150MIN**  
 In this brand new preschool program children are invited to play and experience the many wonders and excitement of circus apparatus' combined with an amazing bouncy castle, toys and juggling props! Parents will be asked to stay and supervise their children as they explore and have fun becoming a Big Top Toddler!

Wednesday	10:00am	0-5yrs
Friday	12:00pm	0-5yrs
Cost	FREE	0-11months
	\$5.00	1-5yrs

**INTRO TO CIRCUS/FAMILY INTRO TO CIRCUS** **60MIN**  
 This is the place time where you can sample the various apparatus and elements of the circus. We offer an introduction to Trampoline, Juggling and Aerial Silk in this class for beginners. A great new experience for all ages!

**YOUTH INTRO TO CIRCUS** **60MIN**

Friday 60min	4:30pm	6-14yrs
Cost	\$15.00	6-14yrs

**FAMILY INTRO TO CIRCUS** **60MIN**

Saturdays	1:00pm	4yrs+
Cost	\$50.00	(2 adults, 2 children)
	\$35.00	(1 adult, 2 children)
	\$25.00	(1 adult, 1 child)

**INTRO TO AERIAL HOOP & STATIC TRAPEZE** **60MIN**  
 While a staple apparatus of the circus, in its own right, the Static Trapeze also instills in students a skill set that is integral to Dance and Swinging Trapeze. Once students become adept at using the Static Trapeze, they will progress to using the Aerial Hoop. The Aerial Hoop, also sometimes referred to as lyra or cerceaux, is a dynamic aerial apparatus that makes use of combined strength, flexibility, and creative movement, while static or spinning.

Friday	5:30pm	15yrs+
Cost	\$25.00	15yrs+

**INTRO TO AERIAL SILKS** **60MIN**  
 Aerial Silk, sometimes referred to as ribbon or tissu, is an exceptionally beautiful (and contemporary) circus art that has recently begun capturing the interest of many! Suspended from the ceiling by lengths of soft fabric, students experience the thrill of this profoundly exciting performing art as they sequence through static and dynamic skills. Whether you are interested in developing your performance aptitude or looking to satisfy your need for an adrenaline rush, our Aerial Silk classes are sure to provide!

Monday	7:00 / 8:00pm	15yrs+
Cost	\$25.00	15yrs+

**UNICYCLE AND JUGGLING** **60MIN**  
 Juggling not only improves your hand-eye coordination but also memory, spatial awareness and the ability to find large expanses of time in small spaces. Classes are open to people of all ages and abilities. Exercise your most important muscle... your brain! Also in this class learn the art of unicycle. Whether you're brand new, still have a training wheel (a.k.a. a bike), or are already a one wheeled wonder, this is the class for you.

Wednesday	5:00pm	10yrs+
Cost	\$10.00	10yrs+

**Drop-in spaces are limited; advanced registration suggested. Contact info is listed on the bottom of page**

**Advanced Registration Recommended. Drop In spaces are limited. Please register online or by contacting our office.**

School Closed: Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)



# CLASS SCHEDULE

## NORTH VANCOUVER



### Fall Session 1, Sept 5 – Oct 31 2017

#### PRESCHOOL CLASSES

<b>CIRCUS WITH VCS</b>		<b>60MIN</b>
Monday	3:30pm	4-6yrs
Thursday	4:30pm	4-6yrs
Friday	3:30pm	4-6yrs

#### SCHOOL AGE CLASSES

<b>CIRCUS WITH VCS</b>		<b>60MIN</b>
Monday	6:00pm	8-14yrs
Thursday	5:30pm	6-8yrs
Friday	5:30pm	8-14yrs

<b>AERIAL SILK</b>		<b>60MIN</b>
Monday	3:30 / 4:30 / 5:30	8-14yrs
Tuesday	3:30 / 4:30 / 5:30pm	8-14yrs
Wednesday	3:30pm	6-8yrs
Wednesday	4:30 / 5:30 / 7:00pm	8-14yrs
Thursday	3:30	6-8yrs
Thursday	3:30 / 4:30 / 5:30pm	8-14yrs
Friday	3:30pm	6-8yrs
Friday	4:30 / 5:30pm	8-14yrs

<b>AERIAL HOOP &amp; STATIC TRAPEZE</b>		<b>60MIN</b>
Friday	4:30pm	8-14yrs

<b>TUMBLING</b>		<b>60MIN</b>
Friday	3:30 / 4:30pm	8-14yrs

<b>TRAMPOLINE</b>		<b>60MIN</b>
Monday	4:30pm	6-8yrs
Monday	4:30 / 5:30 / 6:30pm	8-14yrs
Tuesday	3:30 / 4:30 / 5:30pm	8-14yrs
Wednesday	3:30pm	6-8yrs
Wednesday	3:30 / 4:30 / 5:30pm	8-14yrs
Thursday	4:30pm	6-8yrs
Thursday	3:30 / 4:30 / 5:30 / 6:30pm	8-14yrs
Friday	3:30 / 4:30pm	6-8yrs

#### SCHOOL AGE WORKSHOPS

<b>CONTORTION</b>		<b>90MIN</b>
Wednesday	7:30pm	8-14yrs

#### THE ACADEMY

<b>TRAMPOLINE ACADEMY</b>		<b>90MIN</b>
Tues & Wed	6:00pm	8-14yrs

<b>AERIAL ACADEMY</b>		<b>60MIN</b>
Mon & Thursday	4:30pm	6-8yrs

<b>AERIAL ACADEMY</b>		<b>90MIN</b>
Mon & Thurs	5:30pm	8-14yrs

<b>60MIN CLASS COST (TAXES ADDITIONAL)</b>			
4-6yrs	\$12.50 per class	8-14yrs	\$17.33 per class
6-8yrs	\$15.75 per class		

<b>90MIN CLASS COST (TAXES ADDITIONAL)</b>			
4-6yrs	\$16.00 per class	8-14yrs	\$21.00 per class
6-8yrs	\$19.50 per class		

<b>THE ACADEMY COST (TAXES ADDITIONAL)</b>	
6-8yrs	\$125.00 per month
8-14yrs	\$210.00 per month

Classes may be cancelled or combined due to low registration.  
 School Closed: Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)



# CLASS SCHEDULE

## NORTH VANCOUVER



### Fall Session 1, Sept 5 – Oct 31 2017

#### TEEN & ADULT CLASSES

##### **AERIAL SILK** **60MIN**

Monday	1:00 / 7:00 / 8:00pm	15yrs+
Tuesday	1:00 / 7:00 / 8:00pm	15yrs+
Wednesday	5:30 / 8:00pm	15yrs+
Thursday	6:30pm	15yrs+
Friday	7:00 / 8:00pm	15yrs+

##### **AERIAL HOOP & STATIC TRAPEZE** **60MIN**

Friday	7:00 / 8:00pm	15yrs+
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##### **TRAMPOLINE** **60MIN**

Wednesday	7:00 / 8:00pm	15yrs+
Friday	7:00 / 8:00pm	15yrs+

##### **TUMBLING** **60MIN**

Friday	5:30pm	15yrs+
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#### THE ACADEMY

##### **AERIAL ACADEMY** **90MIN**

Mon & Thurs	7:30pm	15yrs+
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#### TEEN & ADULT WORKSHOPS

##### **HAND BALANCING** **60MIN**

Wednesday	8:00pm	15yrs+
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*\*Monthly*

##### **60MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$22.50 per class

##### **90MIN CLASS & WORKSHOP COST (TAXES ADDITIONAL)**

15yrs+ \$30.00 per class

##### **THE ACADEMY COST (TAXES ADDITIONAL)**

15yrs+ \$270.00 per month

Classes may be cancelled or combined due to low registration. School Closed:  
Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)



# CLASS SCHEDULE

## NORTH VANCOUVER



### Fall Session 1, Sept 5 – Oct 31 2017

## DROP-IN CLASSES

#### **INTRO TO CIRCUS** **60MIN**

Welcome to the Vancouver Circus School's Intro Class. This is the place time where you can sample the various apparatus and elements of the circus. We offer Trampoline, Juggling and Aerial Silk. Never tried any of these before? Great! We're here to help!

Thursday	3:30pm	6-12yrs
Cost	\$15.00	
Thursday	6:30pm	13yrs+
Cost	\$22.50	

Advanced Registration Recommended.

Drop In spaces are limited. Please register online or by contacting our office.

School Closed: Monday Sept 4 (Labour Day) & Monday Oct 9 (Thanksgiving)

#### **DATE NIGHT AT THE CIRCUS (INTRO TO CIRCUS) 90MIN**

Did you know that *couples who play together, stay together*? Why not try something unique and "fun" with your date and take them to the circus! Our **Date Night** is an hour and a half "Intro To Circus" targeted to couples to allow them to try Aerial Silks, Trampoline and Juggling.

Friday	7:00pm	15yrs+
Cost	\$45.00-per couple	

#### **UNICYCLE & JUGGLING** **10yrs +**

Juggling not only improves your hand-eye coordination but also memory, spatial awareness and the ability to find large expanses of time in small spaces. Classes are open to people of all ages and abilities. Exercise your most important muscle... your brain! Also in this class learn the art of unicycle. Whether you're brand new, still have a training wheel (a.k.a. a bike), or are already a one wheeled wonder, this is the class for you.

Monday	7:00pm	90MIN
Cost	\$20.00	

#### **BIG TOP TODDLERS** **150MIN**

In this brand new preschool program children are invited to play and experience the many wonders and excitement of circus apparatus' combined with an amazing bouncy castle, toys and juggling props! Parents will be asked to stay and supervise their children as they explore and have fun becoming a Big Top Toddler!

Thursday	11:00am	
Cost	FREE	0-11 months
	\$5.00	1-5yrs

