

# SESSION CLASS SCHEDULE

## NEW WESTMINSTER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### PRESCHOOL SESSION CLASSES

<b>CIRCUS WITH VCS</b>	<b>60MIN</b>
Tuesday 3:30pm	4-6yrs
Friday 3:30pm	4-6yrs

<b>CIRCUS WORKS</b>	<b>90MIN</b>
Saturday 10:00 / 11:30am	4-6yrs

#### SCHOOL AGE SESSION CLASSES

<b>AERIAL HOOP &amp; STATIC TRAPEZE</b>	<b>60MIN</b>
Monday 5:30pm	8-14yrs
Wednesday 4:30pm	8-14yrs

<b>AERIAL SILKS</b>	<b>60MIN</b>
Monday 4:30 / 5:30pm	8-14yrs
Tuesday 4:30pm	8-14yrs
Thursday 3:30	8-14yrs
Friday 4:30pm	8-14yrs
Saturday 9:00 / 10:00am	8-14yrs
11:00 / 1:30pm	8-14yrs

<b>CIRCUS WITH VCS</b>	<b>60MIN</b>
Monday 3:30pm	6-8yrs
Monday 4:30pm	6-8yrs
Wednesday 3:30pm	6-8yrs
Friday 4:30pm	6-8yrs

<b>CIRCUS WORKS</b>	<b>90MIN</b>
Saturday 10:00 / 11:30am	6-8yrs
Saturday 10:00 / 11:30am	8-14yrs

<b>HOMESCHOOL CIRCUS</b>	<b>60MIN</b>
Tuesday 2:00pm	6-16yrs

<b>TRAMPOLINE &amp; TUMBLING</b>	<b>60MIN</b>
Monday 4:30pm	8-14yrs

<b>TRAMPOLINE</b>	<b>60MIN</b>
Saturday 1:00 / 2:00pm	8-14yrs

<b>TUMBLING</b>	<b>60MIN</b>
Tuesday 4:30pm	8-14yrs
Thursday 4:30pm	8-14yrs
Friday 5:30pm	8-14yrs

#### SCHOOL AGE WORKSHOPS

<b>CONTORTION</b>	<b>90MIN</b>
Saturday 2:00pm	8-14yrs

#### THE ACADEMY

<b>AERIAL ACADEMY</b>	<b>90MIN</b>
Mon & Wed 5:30pm	8-14yrs

<b>CONTORTION ACADEMY</b>	<b>90MIN</b>
Tuesday 4:00pm	8-14yrs
&	
Saturday 9:30am	8-14yrs

#### 60MIN CLASS COST (TAXES ADDITIONAL)

3-6yrs	\$12.50 per class	8-14yrs	\$16.50 per class
6-8yrs	\$15.00 per class		

#### 90MIN CLASS COST (TAXES ADDITIONAL)

4-6yrs	\$16.00 per class	8-14yrs	\$21.00 per class
6-8yrs	\$19.50 per class		

#### 90MIN WORKSHOP COST (TAXES ADDITIONAL)

8-14yrs	\$22.50 per class
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#### THE ACADEMY COST (TAXES ADDITIONAL)

8-14yrs	\$200.00 per month
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Classes may be cancelled or combined due to low registration  
 School Closed: Monday February 12 (Family Day)



# SESSION CLASS SCHEDULE

## NEW WESTMINSTER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### TEEN & ADULT SESSION CLASSES

<b>AERIAL HOOP &amp; STATIC TRAPEZE</b>	<b>60MIN</b>
Monday 7:00 / 8:00pm	15yrs+
Tuesday 3:30 / 7:00pm	15yrs+
Wednesday 3:30 / 5:30pm	15yrs+

<b>ADV. AERIAL HOOP &amp; STATIC TRAPEZE</b>	<b>90MIN</b>
Tuesday 8:00pm	15yrs+

<b>AERIAL SILK</b>	<b>60MIN</b>
Monday 7:00 / 8:00pm	15yrs+
Tuesday 5:30 / 8:00pm	15yrs+
Wednesday 2:00 / 4:30 / 7:30pm	15yrs+
Thursday 5:30 / 7:00 / 8:00pm	15yrs+
Friday 5:30pm	15yrs+
Saturday 12:00pm	15yrs+

<b>AERIAL SILK &amp; CONDITIONING</b>	<b>90MIN</b>
Friday 7:00pm	15yrs+

<b>BEGINNER TUMBLING</b>	<b>60MIN</b>
Monday 5:30pm	15yrs+
Thursday 3:30pm	15yrs+
Friday 7:00pm	15yrs+

<b>TRAMPOLINE</b>	<b>60MIN</b>
Monday 7:00 / 8:00pm	15yrs+
Thursday 7:00pm	15yrs+

#### TEEN & ADULT WORKSHOPS

<b>CONTORTION</b>	<b>90MIN</b>
Tuesday 8:00pm	15yrs+
Saturday 12:30pm	15yrs+

<b>HAND BALANCING &amp; CANES</b>	<b>90MIN</b>
Saturday 11:00am	15yrs+

<b>HAND TO HAND &amp; PARTNER ACROBATICS</b>	<b>90MIN</b>
Sunday 6:00pm	15yrs+

#### THE ACADEMY

<b>AERIAL ACADEMY</b>	<b>90MIN</b>
Mon & Wed 4:00pm	15yrs+

##### **60MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$22.50 per class

##### **90MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$30.00 per class

##### **THE ACADEMY COST (TAXES ADDITIONAL)**

15yrs+ \$270.00 per month

Classes may be cancelled or combined due to low registration

School Closed: Monday February 12 (Family Day)



# SINGLE CLASS SCHEDULE

## NEW WESTMINSTER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### PRESCHOOL SINGLE CLASSES

**BIG TOP TODDLERS** **150MIN**  
 In this brand new preschool program children are invited to play and experience the many wonders and excitement of circus apparatus' combined with an amazing bouncy castle, toys and juggling props! Parents will be asked to stay and supervise their children as they explore and have fun becoming a Big Top Toddler! **\*Max 2 children per adult\***

Wednesday	10:00am	0-5yrs
Friday	12:00pm	0-5yrs
Cost	FREE	0-11months
	\$5.25	1-5yrs

**FAMILY INTRO TO CIRCUS** **60MIN**  
 This is the place time where you can explore the various apparatus and elements of the circus as a family activity. We offer an introduction to Trampoline, Juggling and Aerial Silk in this class for parents and their kids. A great new experience for ages 4yrs+! Max 2 children per adult.

Saturdays	1:00pm	4yrs+
Cost	\$50.00	(2 adults, 2 children)
	\$35.00	(1 adult, 2 children)
	\$25.00	(1 adult, 1 child)

#### SCHOOL AGE SINGLE CLASSES

**YOUTH INTRO TO CIRCUS** **60MIN**  
 This is the place time where you can sample the various apparatus and elements of the circus. We offer an introduction to Trampoline, Juggling and Aerial Silk in this class for beginners. A great new experience for ages 6-14!

Friday 60min	4:30pm	6-14yrs
Cost	\$15.00	6-14yrs

**UNICYCLE AND JUGGLING** **60MIN**  
 Juggling not only improves your hand-eye coordination but also memory, spatial awareness and the ability to find large expanses of time in small spaces. Classes are open to people of all ages and abilities. Exercise your most important muscle... your brain! Also in this class learn the art of unicycle. Whether you're brand new, still have a training wheel (a.k.a. a bike), or are already a one wheeled wonder, this is the class for you.

Wednesday	6:00pm	10yrs+
Cost	\$10.00	10yrs+

#### TEEN & ADULT SINGLE CLASSES

**INTRO TO AERIAL HOOP & STATIC TRAPEZE** **60MIN**  
 While a staple apparatus of the circus, in its own right, the Static Trapeze also instills in students a skill set that is integral to Dance and Swinging Trapeze. Once students become adept at using the Static Trapeze, they will progress to using the Aerial Hoop. The Aerial Hoop, also sometimes referred to as lyra or cerceaux, is a dynamic aerial apparatus that makes use of combined strength, flexibility, and creative movement, while static or spinning.

Friday	8:00pm	15yrs+
Cost	\$25.00	15yrs+

**INTRO TO AERIAL SILKS** **60MIN**  
 Aerial Silk, sometimes referred to as ribbon or tissu, is an exceptionally beautiful (and contemporary) circus art that has recently begun capturing the interest of many! Suspended from the ceiling by lengths of soft fabric, students experience the thrill of this profoundly exciting performing art as they sequence through static and dynamic skills. Whether you are interested in developing your performance aptitude or looking to satisfy your need for an adrenaline rush, our Aerial Silk classes are sure to provide!

Monday	7:00 / 8:00pm	15yrs+
Cost	\$25.00	15yrs+

**WHAT IS A SINGLE CLASS?**  
 Our single classes are designed for students who wish to try out a class before committing to a session of classes. Advanced-Registration is required. Note online registration for Single Classes will close **2 hours** prior to the class start time. Be sure to register ahead of time to secure your spot.

**Advanced Registration Required.** Spaces are limited. Please register online or by contacting our office before the day of your class.  
 School Closed: Monday February 12 (Family Day)



# SESSION CLASS SCHEDULE

## NORTH VANCOUVER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### PRESCHOOL SESSION CLASSES

<b>CIRCUS WITH VCS</b>		<b>60MIN</b>
Monday	3:30pm	4-6yrs
Thursday	4:30pm	4-6yrs
Friday	3:30 / 4:30pm	4-6yrs

#### SCHOOL AGE SESSION CLASSES

<b>CIRCUS WITH VCS</b>		<b>60MIN</b>
Monday	6:00pm	8-14yrs
Thursday	4:30 / 5:30pm	6-8yrs
Thursday	5:30 / 6:30pm	8-14yrs
Friday	3:30 / 5:30pm	8-14yrs

<b>AERIAL SILK</b>		<b>60MIN</b>
Monday	3:30 / 4:30 / 5:30	8-14yrs
Tuesday	3:30 / 4:30 / 5:30pm	8-14yrs
Wednesday	3:30pm	6-8yrs
Wednesday	4:30 / 5:30 / 7:00pm	8-14yrs
Thursday	3:30	6-8yrs
Thursday	3:30 / 4:30 / 5:30pm	8-14yrs
Friday	3:30pm	6-8yrs
Friday	4:30 / 5:30pm	8-14yrs

<b>AERIAL HOOP &amp; STATIC TRAPEZE</b>		<b>60MIN</b>
Friday	4:30pm	8-14yrs

<b>TUMBLING</b>		<b>60MIN</b>
Friday	3:30 / 4:30pm	8-14yrs

<b>TRAMPOLINE</b>		<b>60MIN</b>
Monday	4:30pm	6-8yrs
Monday	4:30 / 5:30 / 6:30pm	8-14yrs
Tuesday	3:30 / 4:30 / 5:30pm	8-14yrs
Wednesday	3:30pm	6-8yrs
Wednesday	3:30 / 4:30 / 5:30pm	8-14yrs
Thursday	4:30pm	6-8yrs
Thursday	3:30 / 4:30 / 5:30 / 6:30pm	8-14yrs
Friday	3:30 / 4:30pm	6-8yrs
Friday	3:30 / 4:30 / 5:30pm	8-14yrs

#### SCHOOL AGE WORKSHOPS

<b>CONTORTION</b>		<b>90MIN</b>
Wednesday	7:30pm	8-14yrs

#### THE ACADEMY

<b>TRAMPOLINE ACADEMY</b>		<b>90MIN</b>
Tues & Wed	6:00pm	8-14yrs

<b>AERIAL ACADEMY</b>		<b>60MIN</b>
Mon & Thursday	4:30pm	6-8yrs

<b>AERIAL ACADEMY</b>		<b>90MIN</b>
Mon & Thurs	5:30pm	8-14yrs

<b>60MIN CLASS COST (TAXES ADDITIONAL)</b>			
4-6yrs	\$12.50 per class	8-14yrs	\$17.33 per class
6-8yrs	\$15.75 per class		

<b>90MIN CLASS COST (TAXES ADDITIONAL)</b>			
4-6yrs	\$16.00 per class	8-14yrs	\$21.00 per class
6-8yrs	\$19.50 per class		

<b>THE ACADEMY COST (TAXES ADDITIONAL)</b>	
6-8yrs	\$125.00 per month
8-14yrs	\$210.00 per month

Classes may be cancelled or combined due to low registration.  
School Closed: Monday February 12 (Family Day)



# SESSION CLASS SCHEDULE

## NORTH VANCOUVER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### TEEN & ADULT SESSION CLASSES

##### **AERIAL SILK** **60MIN**

Monday	1:00 / 7:00 / 8:00pm	15yrs+
Tuesday	1:00 / 7:00 / 8:00pm	15yrs+
Wednesday	5:30 / 8:00pm	15yrs+
Thursday	6:30pm	15yrs+
Friday	7:00 / 8:00pm	15yrs+

##### **AERIAL HOOP & STATIC TRAPEZE** **60MIN**

Friday	7:00 / 8:00pm	15yrs+
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##### **TRAMPOLINE** **60MIN**

Wednesday	7:00 / 8:00pm	15yrs+
Friday	7:00 / 8:00pm	15yrs+

##### **TUMBLING** **60MIN**

Friday	5:30pm	15yrs+
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#### THE ACADEMY

##### **AERIAL ACADEMY** **90MIN**

Mon & Thurs	7:30pm	15yrs+
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##### **60MIN CLASS COST (TAXES ADDITIONAL)**

15yrs+ \$22.50 per class

##### **90MIN CLASS & WORKSHOP COST (TAXES ADDITIONAL)**

15yrs+ \$30.00 per class

##### **THE ACADEMY COST (TAXES ADDITIONAL)**

15yrs+ \$270.00 per month

Classes may be cancelled or combined due to low registration.  
School Closed: Monday February 12 (Family Day)



# SINGLE CLASS SCHEDULE

## NORTH VANCOUVER



### Spring Session 1, Mar 1 – Apr 30, 2018

#### PRESCHOOL SINGLE CLASSES

##### **BIG TOP TODDLERS** **150MIN**

In this brand new preschool program children are invited to play and experience the many wonders and excitement of circus apparatus' combined with an amazing bouncy castle, toys and juggling props! Parents will be asked to stay and supervise their children as they explore and have fun becoming a Big Top Toddler! **\*Max 2 children per adult\***

Thursday	11:00am	
Cost	FREE	0-11 months
	\$5.25	1-5yrs

#### SCHOOL AGE SINGLE CLASSES

##### **INTRO TO CIRCUS** **60MIN**

Welcome to the Vancouver Circus School's Intro Class. This is the place time where you can sample the various apparatus and elements of the circus. We offer Trampoline, Juggling and Aerial Silk. Never tried any of these before? Great! We're here to help!

Thursday	3:30pm	6-12yrs
Cost	\$15.00	

##### **UNICYCLE & JUGGLING** **90MIN**

Juggling not only improves your hand-eye coordination but also memory, spatial awareness and the ability to find large expanses of time in small spaces. Classes are open to people of all ages and abilities. Exercise your most important muscle... your brain! Also in this class learn the art of unicycle. Whether you're brand new, still have a training wheel (a.k.a. a bike), or are already a one wheeled wonder, this is the class for you.

Monday	7:00pm	10yrs+
Cost	\$20.00	

#### TEEN & ADULT SINGLE CLASSES

##### **INTRO TO CIRCUS** **60MIN**

Welcome to the Vancouver Circus School's Intro Class. This is the place time where you can sample the various apparatus and elements of the circus. We offer Trampoline, Juggling and Aerial Silk. Never tried any of these before? Great! We're here to help!

Thursday	6:30pm	13yrs+
Cost	\$22.50	

##### **DATE NIGHT AT THE CIRCUS (INTRO TO CIRCUS)** **90MIN**

Did you know that *couples who play together, stay together*? Why not try something unique and "fun" with your date and take them to the circus! Our **Date Night** is an hour and a half "Intro To Circus" targeted to couples to allow them to try Aerial Silks, Trampoline and Juggling.

Friday	7:00pm	15yrs+
Cost	\$45.00 -per couple	

#### WHAT IS A SINGLE CLASS?

Our single classes are designed for students who wish to try out a class before committing to a session of classes.

##### **Advanced-Registration is required.**

Note online registration for Single Classes will close **2 hours** prior to the class start time. Be sure to register ahead of time to secure your spot.

**Advanced Registration Required.** Spaces are limited. Please register online or by contacting our office before the day of your class.  
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